

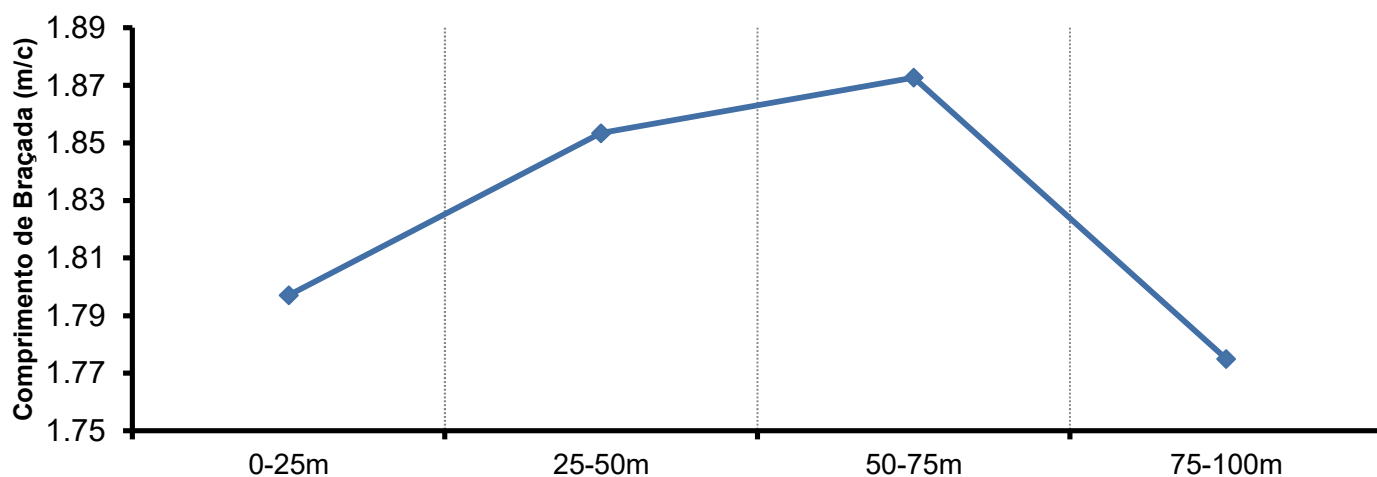
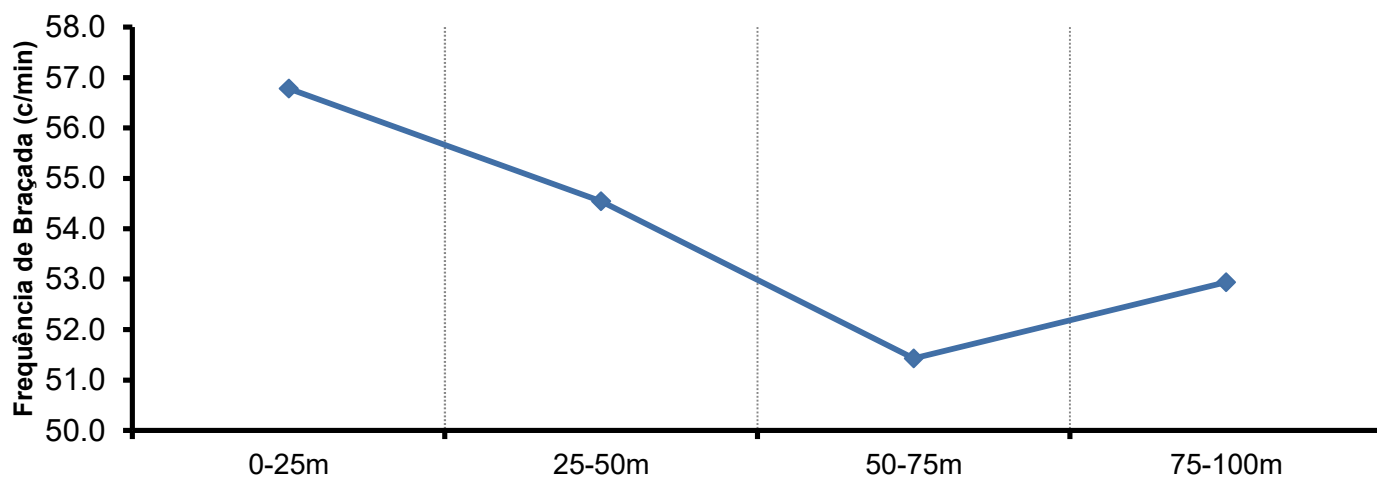
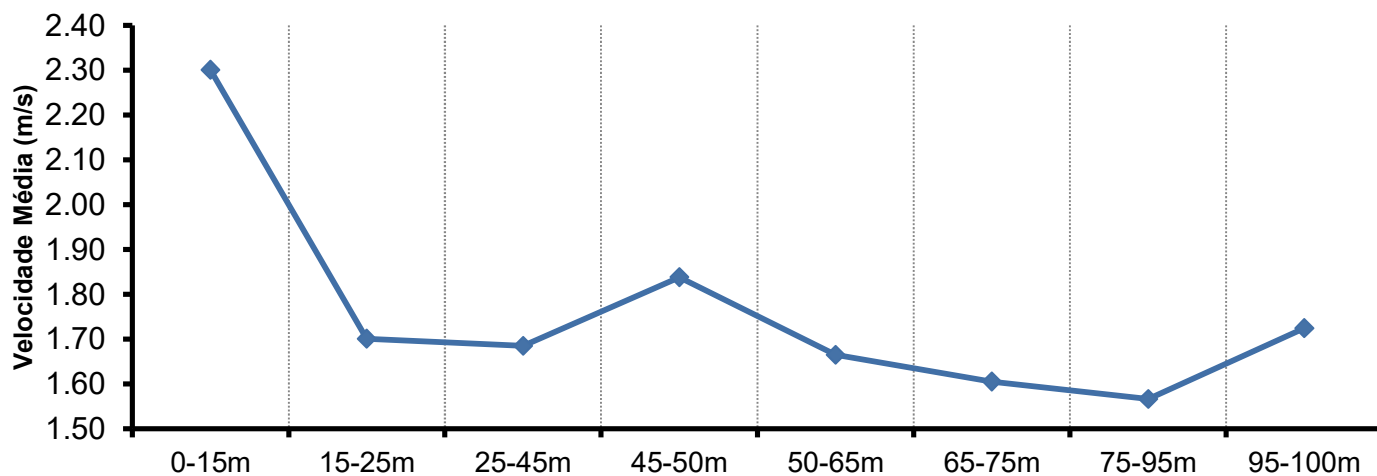
# Arno Kamming

## 100 LCM Peito - Eliminatória

### Netherlands Team Time Trials

#### Eindhoven

30/04/2021



◆ Arno Kamming, Eliminatória - 30/04/2021 (57.90) ■ ▲ ✕ ✧ ○ ✚ —

**Arno Kamming**  
**100 LCM Peito - Eliminatória**  
**Netherlands Team Time Trials**  
**Eindhoven**  
**30/04/2021**



	Prova Principal	Comparação 1	Comparação 2	Comparação 3	Comparação 4	Comparação 5	Comparação 6	Comparação 7
	Arno Kamming	---	---	---	---	---	---	---
	Netherlands Team Time Trials	---	---	---	---	---	---	---
	30/04/2021	---	---	---	---	---	---	---
<b>TEMPOS-CHAVE</b>								
Tempo Total:	57.90	0:00.00	0:00.00	0:00.00	0:00.00	0:00.00	0:00.00	0:00.00
Tempo de Bloco (s):	0.62	---	---	---	---	---	---	---
Tempo Saída (0-15m) (s):	6.52	---	---	---	---	---	---	---
→ Distância Break-out (m):	---	---	---	---	---	---	---	---
→ Tempo Break-out (s):	5.90	---	---	---	---	---	---	---
→ Velo Submerso (m/s):	---	---	---	---	---	---	---	---
→ Velo NADO até 15m (m/s):	---	---	---	---	---	---	---	---
Tempo Chegada (95-100m) (s):	2.90	---	---	---	---	---	---	---
Saída+Virada+Chegada (s):	21.15	---	---	---	---	---	---	---
Tempo Nado Limpo (s):	36.75	---	---	---	---	---	---	---
<b>PARCIAIS 50M</b>								
50m:	0:26.99	---	---	---	---	---	---	---
100m:	0:30.91	---	---	---	---	---	---	---
<b>PARCIAIS 25M</b>								
1º 25m:	0:12.40	---	---	---	---	---	---	---
2º 25m:	0:14.59	---	---	---	---	---	---	---
3º 25m:	0:15.24	---	---	---	---	---	---	---
4º 25m:	0:15.67	---	---	---	---	---	---	---
<b>PARCIAL 75m</b>								
75m:	0:42.23	---	---	---	---	---	---	---
<b>NÚMERO DE BRAÇADAS</b>								
1º 50m:	20	---	---	---	---	---	---	---
2º 50m:	22	---	---	---	---	---	---	---
TOTAL:	<b>42</b>	---	---	---	---	---	---	---

**Arno Kamming**  
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**Netherlands Team Time Trials**  
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**30/04/2021**



	Prova Principal	Comparação 1	Comparação 2	Comparação 3	Comparação 4	Comparação 5	Comparação 6	Comparação 7
	<b>Arno Kamming</b>	---	---	---	---	---	---	---
	<b>Netherlands Team Time Trials</b>	---	---	---	---	---	---	---
	<b>30/04/2021</b>	---	---	---	---	---	---	---
<b>TEMPO TOTAL:</b>	57.90	0:00.00	0:00.00	0:00.00	0:00.00	0:00.00	0:00.00	0:00.00
<b>VIRADA</b>								
<b>Entrada - Saída (5m-15m) (s)</b>	2.72~8.23	---	---	---	---	---	---	---
→ Tempo Giro (s):	0.78	---	---	---	---	---	---	---
→ Distância Submerso (m):	---	---	---	---	---	---	---	---
→ Tempo Submerso (s):	5.76	---	---	---	---	---	---	---
→ VEL Submerso (m/s):	---	---	---	---	---	---	---	---
→ VEL NADO até 65m (m/s):	---	---	---	---	---	---	---	---
<b>VELOCIDADE (m/s)</b>								
<b>1º 25m:</b>	1.70	---	---	---	---	---	---	---
<b>2º 25m:</b>	1.68	---	---	---	---	---	---	---
<b>3º 25m:</b>	1.61	---	---	---	---	---	---	---
<b>4º 25m:</b>	1.57	---	---	---	---	---	---	---
<b>Velocidade Média (m/s):</b>	<b>1.64</b>	---	---	---	---	---	---	---
<b>FB (c/min)</b>								
<b>1º 25m:</b>	56.8	---	---	---	---	---	---	---
<b>2º 25m:</b>	54.5	---	---	---	---	---	---	---
<b>3º 25m:</b>	51.4	---	---	---	---	---	---	---
<b>4º 25m:</b>	52.9	---	---	---	---	---	---	---
<b>Média FB (c/min)</b>	<b>53.9</b>	---	---	---	---	---	---	---
<b>CB (m/c)</b>								
<b>1º 25m:</b>	1.80	---	---	---	---	---	---	---
<b>2º 25m:</b>	1.85	---	---	---	---	---	---	---
<b>3º 25m:</b>	1.87	---	---	---	---	---	---	---
<b>4º 25m:</b>	1.77	---	---	---	---	---	---	---
<b>Média CB (m/c):</b>	<b>1.82</b>	---	---	---	---	---	---	---