



**2022 AGE GROUP  
SWIMMING CHAMPIONSHIPS  
SUMMONS  
JUNE 2 - 5, 2022  
TRINIDAD & TOBAGO**



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## GENERAL INFORMATION

PanAm Aquatics cordial invites all affiliated National Federations to participate in the **PanAm Age Group Swimming Championship**, hosted by the Amateur Swimming Association of Trinidad and Tobago at the National Aquatic Centre, off Couva Main Road, Balmain, Couva, June 2<sup>nd</sup> - 5<sup>th</sup> 2022.

## THE NATIONAL AQUATIC CENTRE OF TRINIDAD AND TOBAGO

The National Aquatic Centre of Trinidad & Tobago which opened on September 30<sup>th</sup>, 2016, features one (1) 50m indoor Myrtha pool ten lanes, one (1) 50m Outdoor pool ten-lanes, a 25m diving pool with a dryland training area.

- 10 lanes - 50 meters Myrtha Pools
  - indoor pool depth of 3 meters
  - outdoor pool depth of 2 meters
- Starting blocks: Myrtha
- Starting block top wedges: Myrtha
- Backstroke starting ledges: Myrtha
- Timing system: Swiss Timing
- Scoreboard: Swiss Timing
- Meet Management software: SwimCloud & Hercules

## COMPETITION PROGRAM AND KEY DATES

### Wednesday, June 1<sup>st</sup>

Arrival of Teams

Team Training available 08:30 - 18:00

Technical Meeting – 19:00

### Thursday, June 2<sup>nd</sup> - Day 1 Competition

Warm-Up: 8:30 AM – 10:15 AM

Start of Competition: 10:30 AM

### Friday, June 3<sup>rd</sup> - Day 2 Competition

Warm-Up: 8:30 AM – 10:15 AM

Start of Competition: 10:30 AM

### Saturday, June 4<sup>th</sup> - Day 3 Competition

Warm-Up: 8:30 AM-10:15 AM

Start of Competition: 10:30 AM

### Sunday, June 5<sup>th</sup> - Day 4 Competition

Warm-Up: 8:30 AM-10:15 AM

Start of Competition: 10:30 AM

Closing Remarks & Presentation of High Point Trophies



## COMPETITION RULES

The competition will be conducted in accordance with FINA Rules 2017-2021 in force at the start of the competition

### Eligibility

All participating Federations must be in good standing with FINA and all other affiliated members.

**ALL ATHLETES, TEAM OFFICIALS AND TECHNICAL OFFICIALS OF REPRESENTING COUNTRIES MUST BE FULLY VACCINATED TO BE ELIGIBLE TO PARTICIPATE**

Competitors who will be representing their countries must meet the following requirements:

- Demonstrate their age with proof such as what is seen on the birth certificate or Passport.
- The competitor must be a citizen, whether through birth or naturalization, of the country being represented, according to the GR-2.5 Rule of FINA.
- Additionally, non-citizens may be entered provided the competitor has been resident in the country for one year before the entry deadline and must not have swum for another Country during that period. All competitors must be registered with, or a member of, the country's swimming federation they represent.  
Competitors who are non-citizens are required to present 'proof of residency documents, which could be proof of club membership, proof of attendance at school or any other organization.
- The swimmer's age shall determine the swimmers' age group as of midnight, December 31st, 2021. Competitors shall compete in the following age groups:  
11-12: Female and male-athletes born in the years 2010 and 2009 are eligible to compete  
13-14: Female and male-athletes born in the years 2008 & 2007 are eligible to compete  
15-17: Female and male-athletes born in the years 2006, 2005, 2004 are eligible to compete  
18 & Older: Female and male athletes born in 2003 or before are eligible to compete

### Registration & Entries

- Each National Federation will be limited to a maximum of 6 swimmers per age group, male and female, totaling a maximum of 48 swimmers overall.
- Swimmers may enter a total of three (3) individual events per day and a total of eight (8) for the entire meet. If events are not scratched by the deadline, they will automatically be dropped at the point of over entry.
- Except in relays, no substitutions or alternates will be accepted after submitting the final entries.
- All relay participants must have been entered in the meet. No competitor will be allowed to participate in an age group outside of their age group.



- In the relays, each country must enter four competitors. The order of swimmers in each relay must be submitted to the Clerk of Course one hour before the start of each day's proceedings.
- All events are timed finals.
- The pool will be open 90 minutes before each session for warm-ups.
- The warm-up routine will be an open lane format with sprinting taking place in lanes 1 and 8, beginning 30 minutes before the end of the warm-up period. Pace laps will take place in lanes 0 and 9.
- Swimmers must report to the Clerk of Course and be in the swimmers' waiting area at least three heats before the heat or event in which he/she is entered.

### Preliminary Entries

The attached forms must submit preliminary entries or intention to participate in Pan Am Aquatics by **April 8<sup>th</sup>, 2022**. Preliminary entries must indicate the number of swimmers – male and female – in each age group.

### Final Entries

Final entries must be submitted to **Pan Am Aquatics** by **May 1<sup>st</sup>, 2022**. Entries will be submitted on [SwimCloud.com](https://swimcloud.com). Meet entries can be completed directly on SwimCloud. Alternatively, SwimCloud also accepts Hytek or Lenex compatible entry files. Just be sure to download and use the official event file.

- Each NF will need to have a SwimCloud registered account in order to submit an entry. Claim a SwimCloud profile here: [www.swimcloud.com/register](https://www.swimcloud.com/register)
- To help ensure the accuracy of your entry times, it helps to have your NF [result files submitted to SwimCloud](#).
- Click [here](#) for more information about the SwimCloud meet entry process
- There will be SwimCloud training sessions offered. Dates and times to be determined

Final entries must include:

- a. Name of Team Officials and the position held by each official
- b. Details of arrival and departure of all athletes, team and meet officials (see attached form)
- c. Despite entry submission in electronic format on SwimCloud, a Team or Meet Manager's printout, signed by the President or General Secretary of the Federation with the Association's stamp affixed must be emailed to the Organizing Committee, by the **deadline date Sunday, May 1<sup>st</sup> 2022. (sw2022@panamaquatics.com)**

The psych sheet will be posted on the **Pan Am Aquatic** website by May 20th, 2022.





### Scratches

Scratches prior to seed of preliminary heats shall be made by properly filling out/depositing a scratch card in the scratch box located at the Clerk of Course/Admin Referee table. **Scratch deadlines for Thursday's events is at the conclusion of the coaches meeting, Friday's events must be by Thursday evening at 6:00pm. For Saturday's events, you must scratch by Friday at 6:00pm. Sunday's events you must scratch by Saturday at 6:00pm.**

### Time Trials

Time trials will be offered at the end of each session in the events not listed in the meet programme. For athletes entered in the meet, time trial entries must be submitted each day one hour before the start of each session to the Meet Referee. An athlete may only participate in one time trial per day. Athletes will be required to provide their lap counter assistant as necessary.

### Open events

The 400-, 800- and 1500-meter Freestyle, the 200- Butterfly, Backstroke, and Breaststroke and 400-meter Individual Medley events will swim as Open events.

## AWARDS AND SCORING

### Scoring

|               |            |
|---------------|------------|
| First place   | - 9 points |
| Second place  | - 7 points |
| Third place   | - 6 points |
| Fourth place  | - 5 points |
| Fifth place   | - 4 points |
| Sixth place   | - 3 points |
| Seventh place | - 2 points |
| Eight place   | -1 point   |

**Relays will score double points.**

### Medals

Medals will be awarded to the first three swimmers in each event. There will be no formal medal presentation ceremony, as time will not permit this. Medals will be available for pickup shortly after the event's conclusion or at the end of the day's proceedings. A commemorative backdrop will be available where swimmers may have photographs taken with their awards.



### High Point Awards

- Individual High Point Award--A high point award will be presented to one swimmer in each age group (female & male) based on the number of points scored in their events. The presentation will take place at the end of the meet.
- National Federation Point Award--A National Federation high point award will be presented to the National Federation winner in each age group (female & male) based on the total number of points scored by adding individual and relay points. The presentation will take place at the end of the meet.
- **Pan Am Aquatics Zone Award**--The 2022 **Pan Am Aquatics Zone Award** will be determined by adding the scoring of National Federations from each ZONE in individual and relay events. There will be two awards presented--CCCAN vs CONSANAT and USA vs CAN, and the presentation will occur at the end of the meet.

### Certificate of Participation

All competitors shall receive a certificate in recognition of their participation.

### TECHNICAL OFFICIALS

Qualified individuals may apply to Pan Am Aquatics to act as Technical Officials in swimming. All technical officials are expected to cover their travel and accommodation expenses.

An application form be completed by the Technical Official and sent to the email address of the PAQ Technical Swimming Committee [sw2022@panamaquatics.com](mailto:sw2022@panamaquatics.com).

### Team Officials

- Delegations with twelve (12) competitors or less – three (3) team officials
- Delegations with thirteen (13) to twenty-four (24) – five (5) team officials
- Delegations with twenty-Five (25) to forty-eight (48) – seven (7) team officials

### Technical Meeting

A Technical Meeting will be held on Wednesday, June 1 at 7:00 PM at the National Aquatic Centre to consider the following:

1. Scratches
2. General discussion on the Competition
3. Answer queries
4. Covid-19 Protocols

### DOPING CONTROL

During the competition, anti-doping control tests may be conducted, according to the control rules established by FINA.



## PROTESTS

Protests will be resolved under FINA Rule GR 9.2.

Protests must be submitted to the Referee in writing by the team leader, with a deposit of US\$100, within 30 minutes following the conclusion of the respective event.

All protests will be considered by the Referee.

The commission will consider appeals against decisions by the Referee and give recommendations to the jury of appeal, whose decision will be final.

## JURY OF APPEAL

For the Championships, the Jury of Appeal shall consist of a minimum of three persons and will be comprised of PANAM Aquatics Executive Committee and PANAM Aquatics Honorary Members present and the FINA Delegate (if present) with the PANAM Aquatics President or in his or her absence a PANAM Aquatics Vice-President and/or PANAM Aquatics Executive Liaison for Swimming as chairman.

A jury member will be allowed to speak, but not to vote, on a case in which the interest of his/her PANAM Aquatics Federation is involved. Technical Officials and Judges for Swimming shall not be entitled to form part of the jury.

In case of urgency, the jury may vote on a matter even if it has not been possible to contact all members.

The decision of the jury will be final.

## MEDICAL INSURANCE

Medical insurance is the responsibility of each athlete, coach, official, supporter, and National Federation, representative. Neither **Pan Am Aquatics**, FINA, nor the host nation assumes any responsibility for the medical attention of the participants.

## HOTEL OPTIONS FOR NATIONAL FEDERATIONS, PARENTS, AND SUPPORTERS

The **Pan Am Aquatics** Package for athletes, coaches, support staff, international technical officials, and National Federation leaders include the following benefits:

- Shuttle transportation from the **Piarco International Airport** to the hotel and return to the **Piarco International Airport**.
- Bus or Minibus transportation from the official hotel to and from the National Aquatic Centre
- Breakfast, lunch, and dinner at the official hotel.
- This package is valid from dinner on June 01<sup>st</sup> through breakfast on June 6<sup>th</sup> (5 days).



#### Pan Am Aquatics Package cost:

- US\$ 135.00 per night per member based on four (4) persons in a room or such a number as determined by the male/female ratio and a total number of persons in the delegation.
- If a Federation makes a specific request for accommodation other than four persons per room, the following rates will apply:

|                  |                                     |
|------------------|-------------------------------------|
| Triple occupancy | US\$ 145.00USD per person per night |
| Double occupancy | US\$ 165.00USD per person per night |
| Single occupancy | US\$ 250.00USD per person per night |

#### IMPORTANT REGISTRATION DATES:

- The preliminary deadline to register is **April 8<sup>th</sup>, 2022**; after this date, any federation that has not confirmed its intent to register for the Pan Am Aquatics package will no longer be able to receive the benefits of the package.
- The final reservation for the package is **May 1<sup>st</sup>, 2022**; after this date, any federation that has registered but has not confirmed its number of hotel rooms will not be able to receive the benefits of the package.
- **A 50% down payment must be received by May 1<sup>st</sup>, 2022**
- Final payment must be received by **May 15<sup>th</sup>, 2022**; after this date, any federation that has not submitted its payment will no longer be able to receive the benefits of the package.

#### Meet Fees:

- Swimming entry fee:  
US\$ 10.00 per individual per event  
US\$ 20.00 per relay per event
- Aquatic Centre Surcharge fee: US\$ 40.00 per swimmer
- Time Trial Fee: US\$ 30.00 per race per swimmer

#### Bank Details:

Please send your payments to:

|                      |                                                                                  |
|----------------------|----------------------------------------------------------------------------------|
| Intermediary Bank:   | Wells Fargo Bank N.A.<br>Philadelphia, Pennsylvania<br>PNBPUS33PHL/ABA026005092  |
| Swift Code:          |                                                                                  |
| Beneficiary Bank:    | First Citizens Bank                                                              |
| Swift Code:          | FCTTTTTPS                                                                        |
| Address:             | 44-46 Maraval Road, Port of Spain                                                |
| Beneficiary Account: | # 934539                                                                         |
| Beneficiary:         | Amateur Swimming Association of T & T<br>National Aquatic Centre, Balmain, Couva |





## ORDER OF EVENTS

**THURSDAY, JUNE 02<sup>nd</sup>, 2022**

**WARM-UP: 8:30 -10:15, COMPETITION: 10:30**

| Event # | Age Group       | Event                       |
|---------|-----------------|-----------------------------|
| 1-2     | OPEN            | 800 Meter Freestyle         |
| 3-4     | 11-12           | 200 Meter Individual Medley |
| 5-6     | 13-14           | 200 Meter Individual Medley |
| 7-8     | 15-17           | 200 Meter Individual Medley |
| 9-10    | 18 & older      | 200 Meter Individual Medley |
| 11-12   | 11-12           | 50 Meter Breaststroke       |
| 13-14   | 13-14           | 50 Meter Breaststroke       |
| 15-16   | 15-17           | 50 Meter Breaststroke       |
| 17-18   | 18 & older      | 50 Meter Breaststroke       |
| 19-20   | 11-12           | 100 Meter Freestyle         |
| 21-22   | 13-14           | 100 Meter Freestyle         |
| 23-24   | 15-17           | 100 Meter Freestyle         |
| 25-26   | 18 & older      | 100 Meter Freestyle         |
|         | 10 Minute Break |                             |
| 27-28   | 11-12           | 4 X 50 Meter Medley Relay   |
| 29-30   | 13-14           | 4 X 50 Meter Medley Relay   |
| 31-32   | 15-17           | 4 X 50 Meter Medley Relay   |
| 33-34   | 18 & older      | 4 X 50 Meter Medley Relay   |

**FRIDAY, JUNE 03<sup>rd</sup>, 2022**

**WARM-UP: 8:30 -10:15,**

| Event # | Age Group       | Event                         |
|---------|-----------------|-------------------------------|
| 35-36   | OPEN            | 400 Meter Individual Medley   |
| 37-38   | 11-12           | 200 Meter Freestyle           |
| 39-40   | 13-14           | 200 Meter Freestyle           |
| 41-42   | 15-17           | 200 Meter Freestyle           |
| 43-44   | 18 & older      | 200 Meter Freestyle           |
| 45-46   | 11-12           | 100 Meter Butterfly           |
| 47-48   | 13-14           | 100 Meter Butterfly           |
| 49-50   | 15-17           | 100 Meter Butterfly           |
| 51-52   | 18 & older      | 100 Meter Butterfly           |
| 53-54   | OPEN            | 200 Meter Breaststroke        |
| 55-56   | 11-12           | 50 Meter Backstroke           |
| 57-58   | 13-14           | 50 Meter Backstroke           |
| 59-60   | 15-17           | 50 Meter Backstroke           |
| 61-62   | 18 & older      | 50 Meter Backstroke           |
|         | 10 Minute Break |                               |
| 63-64   | 11-12           | 4 X 50 Meter Freestyle Relay  |
| 65-66   | 13-14           | 4 X 100 Meter Freestyle Relay |
| 67-68   | 15-17           | 4 X 100 Meter Freestyle Relay |
| 69-70   | 18 & older      | 4 X 100 Meter Freestyle Relay |



### SATURDAY, JUNE 4<sup>th</sup>, 2022

WARM-UP: 8:30 -10:15, COMPETITION: 10:30

| Event # | Age Group       | Event                         |
|---------|-----------------|-------------------------------|
| 71-72   | OPEN            | 400 Meter Freestyle           |
| 73-74   | 11-12           | 100 Meter Breaststroke        |
| 75-76   | 13-14           | 100 Meter Breaststroke        |
| 77-78   | 15-17           | 100 Meter Breaststroke        |
| 79-80   | 18 & older      | 100 Meter Breaststroke        |
| 81-82   | OPEN            | 200 Meter Backstroke          |
| 83-84   | 11-12           | 50 Meter Butterfly            |
| 85-86   | 13-14           | 50 Meter Butterfly            |
| 87-88   | 15-17           | 50 Meter Butterfly            |
| 89-90   | 18 & older      | 50 Meter Butterfly            |
|         | 10 Minute Break |                               |
| 91-92   | 13-14           | 4 x 200 Meter Freestyle Relay |
| 93-94   | 15-17           | 4 x 200 Meter Freestyle Relay |
| 95-96   | 18 & older      | 4 x 200 Meter Freestyle Relay |

### SUNDAY, JUNE 05<sup>th</sup>, 2022

WARM-UP: 8:30 -10:15, COMPETITION: 10:30

| Event # | Age Group       | Event                              |
|---------|-----------------|------------------------------------|
| 97-98   | OPEN            | 1500 Meter Freestyle               |
| 99-100  | 11-12           | 100 Meter Backstroke               |
| 101-102 | 13-14           | 100 Meter Backstroke               |
| 103-104 | 15-17           | 100 Meter Backstroke               |
| 105-106 | 18 & older      | 100 Meter Backstroke               |
| 107-108 | OPEN            | 200 Meter Butterfly                |
| 109-110 | 11-12           | 50 Meter Freestyle                 |
| 111-112 | 13-14           | 50 Meter Freestyle                 |
| 113-114 | 15-17           | 50 Meter Freestyle                 |
| 115-116 | 18 & older      | 50 Meter Freestyle                 |
|         | 10 Minute Break |                                    |
| 117-118 | 11-12           | 4 X 50 Meter Mixed Freestyle Relay |
| 119-120 | 13-14           | 4 X 50 Meter Mixed Freestyle Relay |
| 121-122 | 15-17           | 4 X 50 Meter Mixed Freestyle Relay |
| 123-124 | 18 & older      | 4 X 50 Meter Mixed Freestyle Relay |

## PRELIMINARY ENTRY FORM

### 2022 PAN AM AQUATICS AGE GROUP SWIMMING CHAMPIONSHIPS TRINIDAD & TOBAGO

Please submit to [sw2022@panamaquatics.com](mailto:sw2022@panamaquatics.com) by April 8, 2022

|                                                                                |  |
|--------------------------------------------------------------------------------|--|
| National Federation:                                                           |  |
| Name:                                                                          |  |
| Position (within the NF):                                                      |  |
| Cell # (incl. country code):                                                   |  |
| Name of coach (for entries and technical matters):                             |  |
| Team coach e-mail address:                                                     |  |
| Team coach cell # (with country code):                                         |  |
| Name of NF contact for logistics:<br>(Flights, accommodations, transportation) |  |
| NF contact e-mail address:                                                     |  |
| NF contact cell # (with country code):                                         |  |

As of \_\_\_\_\_, our delegation is estimated to comprise the following:

| Category | 11-12 | 13-14 | 15-17 | 18<br>& UP | Technical<br>officials | Team<br>officials | Coaches | Total |
|----------|-------|-------|-------|------------|------------------------|-------------------|---------|-------|
| Female   |       |       |       |            |                        |                   |         |       |
| Male     |       |       |       |            |                        |                   |         |       |
| Total    |       |       |       |            |                        |                   |         |       |

|                                         |  |
|-----------------------------------------|--|
| Intended team arrival date:             |  |
| Intended team departure date:           |  |
| Estimated number of hotel rooms needed: |  |





## TECHNICAL OFFICIALS FORM

### 2022 PAN AM AQUATICS AGE GROUP SWIMMING CHAMPIONSHIPS TRINIDAD & TOBAGO

Please submit to [sw2022@panamaquatics.com](mailto:sw2022@panamaquatics.com) by May 1, 2022

|                                  |  |
|----------------------------------|--|
| National Federation:             |  |
| Name:                            |  |
| Full address (including country) |  |
| Cell # (incl. country code):     |  |
| Position to fill:                |  |

Have you served as a technical official during the past for years? YES ☐ NO ☐

If your answer is YES, list meets/events:

| Event name | Date | Location | National or International event |
|------------|------|----------|---------------------------------|
|            |      |          |                                 |
|            |      |          |                                 |
|            |      |          |                                 |

Current position as Technical Official:

National: \_\_\_\_\_ PanAm List #: \_\_\_\_\_ FINA List #: \_\_\_\_\_

Technical Official Signature: \_\_\_\_\_

This form must be signed by the President or Secretary of the National Federation:

Name: \_\_\_\_\_ Title: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

**NOTE: Team officials may not act as Technical Officials**

